



# Promoting independent living

## Sandham House



### Main features

**Ages: 18 to 65**

- 18 bedsits with shower and WC in main building
- Two bedroom flat adjoining, for a parent with children
- Two respite rooms
- 24-hour staffing

**Communal facilities**

- Lounge
- Kitchen
- Laundry
- Large garden

### Sandham House

17 Fort Street, Sandown PO36 8BA

At Sandham House, we provide safe accommodation for adults with mental health problems who have a continuing need for support.

A team of support workers, led by a team leader, provide support 24 hours a day. Residents are encouraged to be as independent as possible, but can be assisted with budgeting, form-filling, social and daily living skills. Staff can also assist in accessing services and resources from other agencies.

As well as bedsit units and an adjoining flat for a parent and children, we provide two respite rooms for people in crisis, which can be accessed via the mental health access and treatment service.

Sandham House is a short distance from the beaches, town centre, doctors and local churches.

We welcome residents from all sections of the community.

Call the Team Leader on **01983 409 734**

### How to get there



**Road** Situated close to Sandown town centre.

**Bus** Regular services to Island destinations.

**Rail** A rail station is near by.

[www.shgroup.org.uk](http://www.shgroup.org.uk)

# Schemes for adults with mental health problems

South Wight Housing Association provides accommodation with shared facilities for more than 60 adults with mental health problems, at seven addresses on the Isle of Wight.

To be offered a place, a prospective resident must be referred to the scheme by one of our partner agencies, such as social services or the NHS, before being assessed.

Residents sign up to an occupancy agreement and work with us to draw up a plan of the support they will receive while living at the scheme. The cost of this support is met by funding from the council's Supporting People budget.

We provide staff at the schemes for 24 hours a day and seven days a week. Their job is to:

- help residents manage their occupancy agreements
- promote independence
- encourage personal safety
- help residents manage their finances, including claiming benefits and paying their rent
- improve residents' domestic and social skills
- work to find permanent homes for residents to move on to
- encourage residents to get involved in scheme activities
- involve other organisations that have

## Contact us

To find out more about this scheme or to arrange a visit, call the Team Leader on **01983 409 734**. You may wish to give this number to your Care Manager if you have one.

For help with translations, or if a large type, Braille or audio summary would be useful, please contact the Southern Housing Group Service Centre on **08456 581 654**.

