



# Promoting independent living

## Milligan House



### Main features

**Ages: 18 to 65**

Eight self-contained one bedroom flats

Staff office

Staff on site Monday to Friday

Staff can be contacted by phone in an out-of-hours emergency

**Communal facilities**

Communal gardens to the front and rear of the property

### Milligan House

West Street, Ryde PO33 2UQ

At Milligan House, which is owned by Medina Housing Association, we provide safe accommodation for adults with mental health problems who have a continuing need for support.

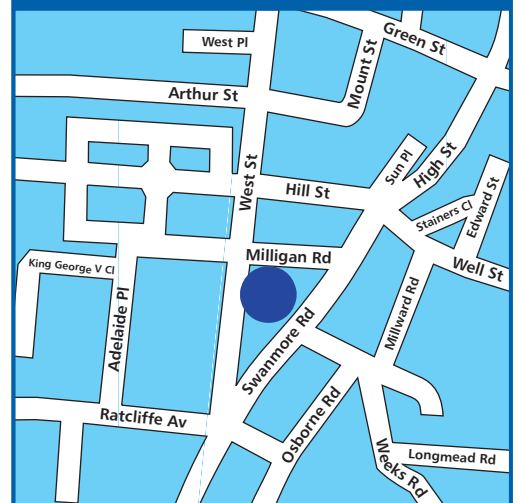
A full-time support worker provides support from Monday to Friday. Out of hours, residents can call staff at another of our schemes, using a free phone in the hallway.

Residents are encouraged to be as independent as possible, but can be assisted with budgeting, form-filling, social and daily living skills.

Milligan House is situated a short walk from the town centre, beaches, doctors and local churches.

We welcome residents from all sections of the community.

### How to get there



**Road** Close to the town centre.

**Bus** Regular services to many Island destinations.

**Rail** Ryde station is near by.

Call the Team Leader on **01983 811 568**

[www.shgroup.org.uk](http://www.shgroup.org.uk)

# Schemes for adults with mental health problems

South Wight Housing Association provides accommodation with shared facilities for more than 60 adults with mental health problems, at seven addresses on the Isle of Wight.

To be offered a place, a prospective resident must be referred to the scheme by one of our partner agencies, such as social services or the NHS, before being assessed.

Residents sign up to an occupancy agreement and work with us to draw up a plan of the support they will receive while living at the scheme. The cost of this support is met by funding from the council's Supporting People budget.

We provide staff at the schemes for 24 hours a day and seven days a week. Their job is to:

- help residents manage their occupancy agreements
- promote independence
- encourage personal safety
- help residents manage their finances, including claiming benefits and paying their rent
- improve residents' domestic and social skills
- work to find permanent homes for residents to move on to
- encourage residents to get involved in scheme activities
- involve other organisations that have resources to offer our residents.

## Contact us

To find out more about this scheme or to arrange a visit, call the Team Leader on **01983 811 568**. You may wish to give this number to your Care Manager if you have one.

For help with translations, or if a large type, Braille or audio summary would be useful, please contact the Southern Housing Group Service Centre on **08456 581 654**.

