



Care & Supporting Independence

Carisbrooke Road



Main features

Ages: 18 to 65

28 bedsits in three houses
Staff available 24 hours a day

Communal facilities

Communal lounges
Kitchens with laundry facilities
Respite room at St Philbert's

Hazel House (no. 27), Macadamia House (nos. 33-35), St Philbert's (no. 41)

Carisbrooke Road, Newport PO30 1BU

At four addresses in Carisbrooke Road, Newport, we provide safe accommodation for adults with mental health problems who have a continuing need for support.

Residents are supported by a team leader, senior support worker and a team of support workers. Staff are available 24 hours a day – although there are no staff on site at Hazel House, our low-need hostel.

All residents are encouraged to be as independent as possible, but can be assisted with budgeting, form-filling, social and daily living skills.

St Philbert's offers a respite room for people with a history of mental illness, as an alternative to hospital admission.

We welcome residents from all sections of the community.

Call Care and Supporting Independence on **01983 522 479** option 1, then option 2.

How to get there



Road Situated a short distance from the centre of Newport.

Bus The Island's bus station is 10 minutes' walk away.

www.shgroup.org.uk

Schemes for adults with mental health problems

Southern Housing Group provides accommodation with shared facilities for more than 60 adults with mental health problems, at four locations on the Isle of Wight.

To be offered a place, a prospective resident must be referred to the scheme by one of our partner agencies, such as social services or the NHS, before being assessed.

Residents sign up to an occupancy agreement and work with us to draw up a plan of the support they will receive while living at the scheme.

We provide staff at the schemes for 24 hours a day and seven days a week. Their job is to:

- help residents manage their occupancy agreements
- promote independence
- encourage personal safety
- help residents manage their finances, including claiming benefits and paying their rent
- improve residents' domestic and social skills
- work to find permanent homes for residents to move on to
- encourage residents to get involved in scheme activities
- involve other organisations that have resources to offer our residents.

Contact us

To find out more about this scheme or to arrange a visit, phone Care and Supporting Independence on **01983 522 479**. You may wish to give this number to your Care Manager if you have one.

For help with translations, or if a large type, Braille or audio summary would be useful, please contact the Southern Housing Group Service Centre on **0300 303 1772**.

