



Promoting independent living

Martlet House



Main features

Minimum age: 60

- Scheme manager
- 24 studio flats
- 15 x one bedroom flats
- Two floors, no lift
- Community alarm system

Communal facilities

- Communal lounge
- Laundry room
- Guest room
- Car park

Martlet House

10 Bannings Vale, Saltdean, BN2 8DX

Martlet House is a sheltered scheme promoting independent living for older people. Situated on the edge of Saltdean, overlooking the sea, the scheme was built in the mid-1970s. The scheme is made up of two buildings, access to one being via a fairly steep slope.

The scheme has a communal lounge where residents can relax or take part in a range of activities.

Allocations are usually made to applicants on Lewis District Council's Housing Register. For further details, contact our Service Centre.

We welcome residents from all sections of the community.

How to get there



Road Off the A259 South Coast Road.

Contact the Scheme Manager on **01273 309 179**

www.shgroup.org.uk

Sheltered housing schemes

Southern Housing Group Limited provides self-contained flats in 24 sheltered housing schemes in south east England for almost 1,500 people aged 60 or over.

To apply for a place, older people will normally need to put their names down on their council's housing register. However there are open waiting lists at some of our schemes. To find out more, call the Group's Service Centre (see below).

At sheltered housing schemes, residents sign up to an assured tenancy agreement and work with us to draw up a plan of the support they will receive. The cost of this support may be met by funding from the council's Supporting People budget for eligible residents.

Most schemes have a dedicated manager who provides support while on duty. Out of hours, residents have access to a community alarm call system.

Scheme managers:

- support residents to manage their tenancies
- make daily calls to all residents
- promote continued independence
- encourage residents to get involved in scheme activities
- involve other organisations that have resources to offer our residents.

Alongside the flats, schemes usually provide some shared facilities. For details see the front of this leaflet.

Contact us

The Southern Housing Group **Service Centre** is open from 8am to 8pm, Monday to Friday

If you live anywhere in the UK except the Isle of Wight, phone us on **08456 066 366**

If you live on the Isle of Wight, phone us on **08456 581 654**

Email us at
servicecentre@shgroup.org.uk

Write to us at
Service Centre,
Southern Housing Group,
PO Box 643,
Horsham RH12 1XJ

Visit our website at
www.shgroup.org.uk

For help with translations, or if a large type, Braille or audio summary would be useful, please contact our Service Centre.

Arabic

.08456 066 366 لمساعدتك في الترجمة يرجى الاتصال بمركز الخدمة على هاتف

Bengali

অনুবাদ সাহায্য পেতে হলে সার্ভিস সেন্টারে 08456 120 041 নম্বরে ফোন করুন।

French

Si vous souhaitez recevoir de l'aide avec vos traductions, appelez le 08456 066 366.

Somali

Wixii ah caawimo turjumaan ka soo wac Xarunta Adeegga telefoonka 08456 066 366.

Spanish

Si necesita que le ayudemos con alguna traducción, llame al Service Centre: 08456 066 366.

Turkish

Tercüme konusunda yardım için 08456 120 031'dan Hizmet Merkezi'ni arayın.

